

Keeping Safe Online

 **Pensilva Forum**
Let Us Speak Together (L.U.S.T) Group
A Cornwall People First Forum

 You are invited to our next forum meeting!

 Do you have a Learning Disability and want to have your say?

The Committee Room, The Millennium Centre, Pensilva. 

Tuesday 5th February 

 11.00 am until  1.00 pm



My Story

It happened in 2011 when I was on Facebook, when I received a friend request from Joe Blogs. I accepted his friend request even though I didn't know him.



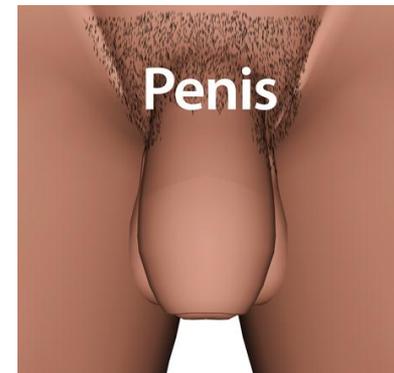
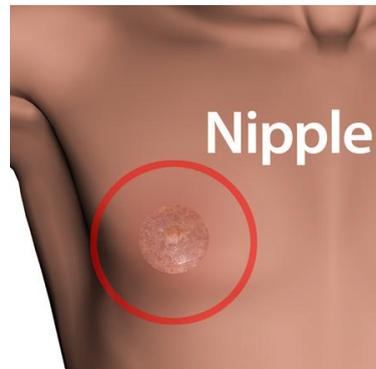
My Story

We began to chat online about different things, when he asked for my mobile number. I said no because I didn't know him very well, but he wouldn't take no for an answer. It really frightened me and in the end I gave him my mobile number.



My Story

We began to text each other about different things, and for a while it was ok until he started sending me pictures of his body. He kept asking for pictures of my body which frightened me.



My Story

My Mum and Dad found my phone and saw the images he had been sending, and they became very worried about it. They then decided to take my phone away so that we could not contact one another.



My Story

In the end I blocked him on Facebook, but he kept trying to friend me again on Facebook and wouldn't leave me alone.



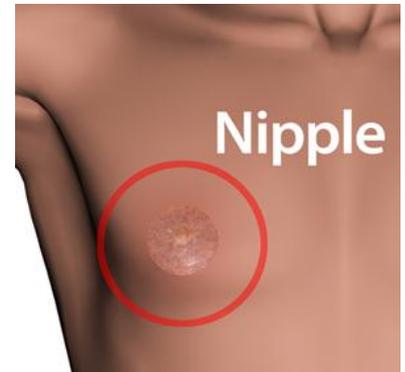
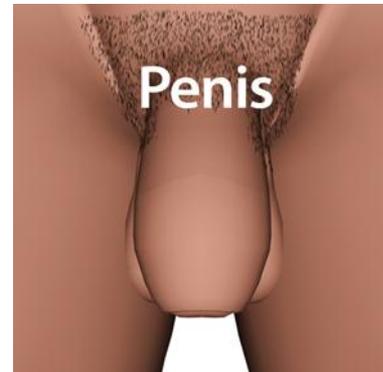
My Story

I sent him a message telling him to leave me alone or I would call the Police.



My Story

Things went quiet for a while, but then he started to send more texts along with more pictures.



My Story

I showed my Mum what he'd been sending again, and then we rang the police.



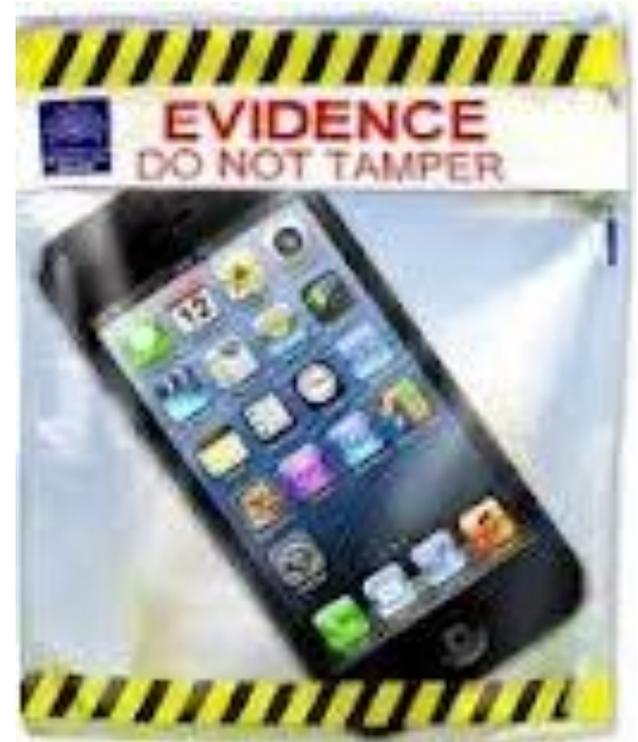
My Story

The Police came around to my house and noted down everything which had been happening.



My Story

The Police took my phone so they could use the pictures and texts as evidence.



My Story

He was then arrested and made by the court to apologise for what he done and was banned from accessing any Social Networking Sites.



My Story

The Police advised me to change my mobile number so he could not contact me.



NEW NUMBER

My Story

The Police talked to me about the dangers of social networking sites, and advised me to only accept friend requests from people who I know.



My Story

Since this I have been very careful who I become friends with and I've had a lot counselling due to the upset it caused.



My Advice

- **Only send friend requests to people who you know personally**



- **Only accept friend requests from people who you know personally**



My Advice

- Don't be afraid to tell someone if you feel scared or in trouble.



- Learn to say NO

NO