

# Why we fundraise

Caring for over 2,500 people and employing around 3,000 staff as a charity within a social care system which is both underfunded and under resourced is hugely challenging. We need to ensure people with learning disabilities are supported and able to live the best lives possible.

This is why we fundraise tirelessly to ensure everyone has the chance to access those services which statutory funding cannot provide. Services that tackle the everyday challenges people with learning disabilities and their families face. Fundraised income helps us create solutions to the issues faced by people we support, such as feeling socially isolated, needing care to manage health conditions, or providing support for family carers.

#### We're here to make a difference

We run social clubs of all kinds around the UK, giving people with learning disabilities the chance to make friends and enjoy activities to tackle loneliness and isolation. Our friendship and dating agency Luv2meetU is our biggest – available in 10 of our service locations. We're also increasing our online friendship services every day.

We can improve healthcare for people with learning disabilities by increasing understanding of specific conditions and facilitating dialogue - particularly to support those with no verbal communication. Personalised Technology helps people with learning disabilities to communicate and stay safe - from alert alarms and telecare systems to safer bath-plugs.

Our Family Carer Support Service helps family carers of people with learning disabilities to understand their rights, speak up, make informed choices and to support their family member in the best way they can.

Each year we get more requests for support, and funding becomes harder to secure. However, thanks to generous supporters, we can keep delivering and improving these services for and with people with learning disabilities.

Fundraising can ensure that no-one slips through the net.

## In the past year:

500 items of Personalised **Technology helped** people live independently

We supported 70 more people to make friends and new relationships with Luv2meetU

We provided direct one-to-one support to 350 family carers

Our supporters have donated their time, money and energy for people with learning disabilities in so many amazing ways, helping us raise vital funds

## A regular donation helps people now, and in the future

Regular donations are the back-bone to helping us plan for the future - allowing us to be proactive rather than reactive in our support.

Become a regular giver and we will keep you updated on how your gift makes a difference to people with learning disabilities, and of the amazing work you help us do.

#### **Get involved**

There are many ways to get involved and help champion people with learning disabilities. That can be through a regular gift, supporting our fundraising campaigns, attending an event, or leaving a gift in your Will. Maybe you're brave enough to run the Virgin London Marathon or even trek the Sahara Desert!

Get in touch to find out where generous donations go and all the different ways we raise funds.







## Membership of Hft

Hft was started by families in 1962 – families who wanted to help people with learning disabilities have a voice. As a member, you can be part of shaping the charity into the future.

It's easy to become a member of Hft. You can either pay an annual fee of £20 by Direct Debit, or become a lifetime member for a single payment of £250. Your membership fees support all of our different fundraised services.

Every application for membership will be considered by the board and we will let you know the outcome as soon as we can.

Find out more by visiting hft.org.uk/membership



(2) families@hft.org.uk (2) @HftOnline (7) Hftlearningdisabilities



Registered office HF Trust Ltd, 5/6 Brook Office Park, Folly Brook Road, Emersons Green, Bristol BS16 7FL Registered charity No. 313069 Company registered in England No. 734895

