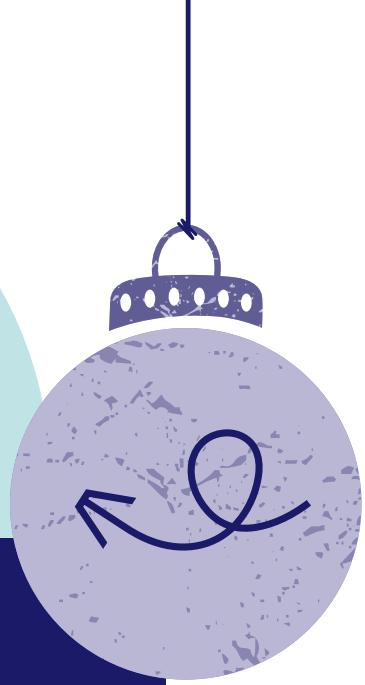




Learning
disability
allies

The 1.5 Christmas Challenge



1.5 represents the
1.5 million learning
disabled people in the UK

**This December, we're inviting you to take
on a festive version of The 1.5 Challenge
inspired by either the number 1.5 or 15,
and help raise vital funds to support
learning disabled adults.**

You could run or walk 1.5 miles
each day, or bake 15 Christmas
cup cakes. Whatever you do,
have fun!



**Sign up today
and take on The 1.5
Christmas Challenge!**

www.hft.org.uk/1-5-christmas-challenge/